

Safeguarding External Contact Information

<p>Service: Childline Website: www.childline.org.uk Telephone: 0800 1111</p>	<p>Service: IKWRO - Domestic Violence Website: http://ikwro.org.uk Telephone: 0207 920 6460</p>
<p>Service: Samaritans Website: www.samaritans.org Telephone: 1116123 Email: jo@samaritans.org</p>	<p>Service: Women's and Girls Network - Domestic Violence Website: http://www.wgn.org.uk Telephone: 0808 801 0660 Email: advice@wgn.org.uk</p>
<p>Service: MIND Service Website: www.mind.org.uk Telephone: 0300123 3393 Email: info@mind.org.uk</p>	<p>Service: CEOP Website: https://www.ceop.police.uk/safety-centre/</p>
<p>Service: NSPCC Helpline Children (Under 18) Website: https://www.nspcc.org.uk/ Telephone: 0808 800 5000 or Text 88858 (free service) Email: help@nspcc.org.uk</p>	<p>Service: NSPCC Website: https://www.nspcc.org.uk/keeping-children-safe/online-safety/ Telephone: 0800 1111 (Under 18's) Telephone: 0808 800 5000 (Over 18's) Email: help@nspcc.org.uk</p>
<p>Service: Young Minds Website: https://youngminds.org.uk Telephone : 0808 802 5544</p>	<p>Service: SUPPORTLINE Support for children, young adults and adults including those affected by sexual, emotional and physical abuse. 01708 765200 www.supportline.org.uk</p>

Service: The Mix

A UK based charity that provides free, confidential support for young people under 25 via online, social and mobile

Service: Kooth

